Annual Report
2017-2018
Our Vision, Purpose & Values

**Vision**
Better health for people and communities that need it most.

**Purpose**
To create healthier communities and reduce health inequities.

**Values**

- **Collaboration**
  We are proactive in building long term, mutual and respectful partnerships with external organisations.

- **Excellence**
  We are solutions focussed and results driven to meet the needs of our customers.

- **Innovation**
  We are forward thinking; we embrace change and seize opportunity.

- **Integrity**
  We are transparent and honest in our actions and invest in socially responsible solutions.

- **Compassion**
  We act with care and consideration in all our interactions; everyone matters.

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We respectfully acknowledge the Traditional Custodians of the land on which we work and live, and recognise their continuing connection to land, water and community. We pay respect to Elders past, present and emerging.

This Annual Report may contain images of deceased persons.
It gives me great pleasure to present this annual report for the 2017-2018 financial year. This year’s annual report is particularly momentous as it represents our 20th Annual Report - incorporating our journey as QDGP; GPQ; and CheckUP. Whilst this annual report showcases our achievements for financial year 2017-2018, it also rightly includes a look back at our history and the diversity of people, partners and programs that have played a pivotal role in defining our identity as an organisation.

CheckUP has always placed significant emphasis on the power of partnerships. This financial year we have welcomed new partnerships as well as strengthened existing collaborations with organisations that share our commitment to creating healthier communities and reducing health inequities. These collaborative approaches are generating benefits including reducing duplication of effort, enhancing information-sharing and fostering innovative approaches. It is critical that CheckUP continues to work closely with others to ensure regional, rural and remote communities across Queensland are gaining improved access to much-needed health services, closer to home.

The year has seen a continued increase in the number and diversity of health services delivered across rural and remote communities. CheckUP has expanded our footprint to 104 communities across Queensland, delivering much-needed services through our network of 500-plus service providers. A significant achievement has been the expansion of some of our health care into school settings. Programs such as Be Well, Learn Well and Tucka Time are excellent exemplars of school-based initiatives that are delivering value not only to the teachers and students of the schools involved, but also providing new avenues to engage parents and families in the health, well-being and education of their children. We look forward to tracking the evaluations from these programs as implementation progresses.

Like many other not-for-profit organisations, securing the long-term financial sustainability of CheckUP is a key priority for the Board and Management. During the 2017-2018 financial year, CheckUP developed and finalised a three year Strategy for Business Growth. We acknowledge the generous support of Advance Queensland that enabled three Senior Management staff to participate in the Growing Queensland Companies Initiative delivered by the Australian Centre for Business Growth. Exposure to business growth experts and contemporary growth frameworks and tools contributed to a high quality document that will guide future thinking and planning.

We recognise that the great work outlined in this report would not be possible without the continued support and commitment of our partners, funders and valued members. Sincere thanks to all of you for your contribution to our success.

A striking feature of CheckUP and the work we do is the absolute commitment, passion and dedication both Board and staff bring to their roles. Collectively we are all focused on making a difference for those people and communities that need it most. The combination of an outstanding work ethic, a professional approach and absolute integrity at every level makes me very proud to be associated with CheckUP, honoured to be a Board member and privileged to be the Chair.

Mr Colin Duff
CheckUP Board Chair
CheckUP Staff

Executive Management
- Sulu
- Adriana
- Gayle
- Tony
- Lachlan
- Elise
- Mary-Anne
- Jacqui

Health Services
- Aelon

Regional Coordination
- Tanya
- Nelson
- Susan
- Nigel
- Josh

Administrative & Finance
- Martina
- Glenda
- Sabrina
- Del
- Jenny
- Susan
- Sandy

Clinical Governance
- Fran
- Tennille

Engagement
- David
- Tennille

Executive Management
- Ann Maree
- Karen
- Debbie
- Nelson
- Tanya
- Susan
- Nigel
- Josh

CheckUP Staff

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This year, CheckUP celebrates 20 years of operation from its inception as Queensland Division of General Practice in 1998, to General Practice Queensland and finally to CheckUP in 2013. Throughout this time, we have remained firmly committed to creating healthier communities and reducing health inequities.

Over the years CheckUP has continued to focus on improving health outcomes for Queenslanders through funding administration, program development and delivery, engaging with communities and influencing Government policy. Today, we have established a footprint in over 190 communities across Queensland and have a proven track record of success particularly in coordinating the delivery of health services for rural and remote, and Aboriginal and Torres Strait Islander communities.

Partnership and collaboration are central to everything we do and vital when it comes to enabling the innovation that is needed to meet today’s health challenges. Over 20 years we have been privileged to work with many dedicated staff members, service partners, member organisations and other stakeholders. The celebration of 20 years has provided a wonderful opportunity to reflect on what has been achieved through working together. As we acknowledge this milestone, we extend our gratitude to all who have supported us.
The Be Well Learn Well (BWLW) program is providing health services in remote schools to give kids with developmental needs the best chance to learn.

"He has improved engagement with friends."

"His confidence has increased."

"She knows the letters of the alphabet and can now write her name."

The objective of the BWLW program is to identify and address behavioural and learning issues to improve educational outcomes for Aboriginal and Torres Strait Islander students. The BWLW program commenced in April 2017.

Eight schools are participating in the program:
- Cape York: Aurukun State School, Kowanyama State School, Lockhart State School, Northern Peninsula Area State College - Bamaga Campus
- Cape York Aboriginal Australian Academy - Coen Campus
- Cape York Aboriginal Australian Academy - Hope Vale Campus
- Lower Gulf: Doomadgee State School, Mornington Island State School

Over 700 allied health therapies were provided to approximately 250 students in 2017 Semester 2.

Over 800 allied health therapy sessions were provided to approximately 200 students in 2018 Semester 1.

"He now participates in small group reading and handwriting sessions."
Tucka-Time: Teaching students skills for a healthy life

Tucka-Time is a nutrition and healthy lifestyle program for Aboriginal and Torres Strait Islander students being delivered into regional and remote Queensland schools.

Developed by the Centre for Rural & Regional Indigenous Health ("the Centre"), Tucka-Time was piloted at Biloela State School in 2016. Aimed at improving knowledge and skills around nutrition and social and emotional wellbeing, the program involves students in practical activities such as cooking classes and a supermarket tour, as well as information sessions delivered by a dietitian and psychologist.

CheckUP was subsequently awarded funding from the Commonwealth Department of Health to deliver the program, in partnership with the Centre, to Aboriginal and Torres Strait Islander students in six Queensland schools over a three year period, with a new cohort of up to 30 students per school participating each year.

In this first twelve months, three schools have delivered their first round of the program to 63 students – Vincent State School (Townsville), Cunnamulla State School and Tagai College’s Thursday Island Primary Campus. Each of these schools were supported by a local Aboriginal or Torres Strait Islander medical or community support organisation, whose staff were trained by the Centre’s Melena McKeown to act as local facilitators.

Feedback from participants has been resoundingly positive with evaluation results demonstrating an increase in students knowledge about nutrition and healthy food choices by the end of the 10 week program. Students are also more confident to prepare and cook meals at home.

Participating schools have noted the positive impact on their students who really enjoy the cooking classes and engage well in the information sessions and supermarket tours.

In addition to the life skills that are developed during Tucka-Time and the longer term health benefits, the program also acts as a connection between schools, families and health professionals in their local community.

Three additional schools have committed to run Tucka-Time, commencing in 2018-2019. They are Heatley State School (Townsville), Bwgcolman Community School (Palm Island) and Djarragun College (Gordonvale).

CheckUP would like to thank the Centre and our other program partners for their support in delivering Tucka-Time in 2017/18:

- Townsville Aboriginal & Islander Health Service
- Cunnamulla Aboriginal Corporation for Health
- Mura Kosker Sorority Incorporated (Thursday Island).

“"My students were highly engaged in the program, they learnt cooking skills and improved their knowledge around healthy eating. Some parents even sent in photos of their child cooking at home, which was great! We also had some family members come along to help out at Tucka-Time sessions.”

Class teacher – Tagai College Thursday Island Primary Campus
The Eye and Ear Surgical Support Services (EESSS) program aims to improve access to surgical services and support culturally appropriate pathways into surgery for Aboriginal and Torres Strait Islander people, prioritising those living in rural and remote communities, for the treatment of their eye and hearing health conditions. The program is delivered in collaboration with a number of relevant stakeholders to reduce barriers to surgery, provide patient support, and reduce surgical waiting times for those who need it most.

During 2017-2018, 74 eye procedures and 116 ear procedures were conducted at nine hospital facilities across Queensland. Hospital locations included Weipa, Cairns, Rockhampton, Townsville, Mount Isa, Kingaroy, Mackay, Springfield and Noosa. With patients from the following communities receiving fast-tracked and well supported surgery under the EESSS program; Cooktown, Aurukun, Hopevale, Weipa, Lockhart River, Gympie, Yarrabah, Woorabinda, Rockhampton, Abergowrie, Townsville, Cherbourg, Mareeba, Innisfail, and many more.

CheckUP engaged an external consultant to conduct an evaluation of the ear surgery component, with a report developed during the year. Findings suggested that the EESSS program facilitates a surgical pathway that is more effective in supporting Aboriginal and Torres Strait Islander patients, in comparison to the surgical journey outside the EESSS program.

Further results indicate:

- **97%** of professionals who participated in the evaluation believed that generally the EESSS program improved healthcare delivery for Aboriginal and/or Torres Strait Islander children and young people in rural and remote communities.
- **83%** agreed that the program more effectively reduced barriers that prevent Aboriginal and Torres Strait Islander children and families from accessing surgery.
- **78%** agreed that the program reduced surgery wait lists in public hospitals.

Clients have stated without having this procedure they could have lost their jobs as vision and hearing is an important part of our lives. Hearing for children has improved especially at school.

As clients have been on the waiting list in the hospitals for a few years the program has most certainly closed the gap in reducing the waiting list at the hospitals.

A lot of ground work but worth the effort, when we see the outcomes and have general feedback from clients and parents.
Outreach statistics

CheckUP, in partnership with the Queensland Aboriginal and Islander Health Council (QAIHC), is the jurisdictional fundholder for the Rural Health Outreach Fund, Medical Outreach Indigenous Chronic Disease Program, Healthy Ears – Better Hearing, Better Listening, Visiting Optometry Scheme and Eye and Ears Surgical Services initiatives in Queensland.

Medical Outreach Indigenous Chronic Disease Program (MOICDP)
The aim of the MOICDP is to increase access to a range of health services, including expanded primary health for Aboriginal and Torres Strait Islander people in the treatment and management of chronic disease.

Rural Health Outreach Fund (RHOF)
The aim of the RHOF is to improve health outcomes for people living in regional, rural and remote locations by supporting the delivery of outreach health activities.

Healthy Ears – Better Hearing, Better Listening (HE-BHBL)
The aim of the Healthy Ears - Better Hearing, Better Listening Program is to increase access to a range of health services including expanded primary health for Aboriginal and Torres Strait Islander children and youth (0-21 years) for the diagnosis, treatment and management of ear and hearing health.

Visiting Optometrists Scheme (VOS)
The aim of the VOS is to deliver outreach optometry services to people living in regional, rural and remote locations, who do not have ready access to primary eye care services. This includes expanded services to improve eye health for Aboriginal and Torres Strait Islander people, particularly in rural and remote locations.
Our Regional Coordinators

CheckUP has adopted a regional structure and approach to support the most efficient and effective delivery of outreach services in Queensland. Working collaboratively with, and receiving consistent feedback from stakeholders, key partners and providers combined with a number of state and national reviews were the main reasons for the implementation of this regional structure and approach.

Our six Regional Coordinators (RCs) are based in various locations throughout the state and are often on the road meeting with stakeholders, community leaders and representatives or travelling with providers. Our RCs coordinate our Regional Planning and Coordination Committee (RPCC) meetings throughout the state. The purpose of these meetings is to bring together members of the community, the local Primary Health Networks, Hospital and Health Service and other health services to discuss the health needs of the individual communities and to plan the best coordinated approach to delivering health services where it’s needed most.

A total of 17 RPCC meetings were held across the six regions during the 2017-2018 financial year. At the start of this period there were seven community representatives and by the end of the financial year a total of 13 community representatives were sitting on RPCCs. The recruitment and retention of community representatives for the RPCC meetings is extremely valuable.

Our Partnerships

A key success factor for CheckUP over the past 20 years has been the development of strong and lasting partnerships with a large number of organisations. CheckUP strongly believes in the value of collaboration and partnerships and we incorporate this philosophy into all of the work that we undertake.

One of CheckUP’s most enduring partnerships is with the Queensland Aboriginal and Islander Health Council (QAIHC). Our two organisations have a long standing shared vision for improving the health of Aboriginal and Torres Strait Islander people, and our five-year office co-location is another indicator of our strong desire to work closely together to make a difference.

In 2018, we signed a Memorandum of Understanding with Western Queensland Primary Health Network (WQPHN) which further strengthened our partnership. Both organisations are committed to ensuring that health services are delivered in a culturally appropriate way and are responding to local needs.

CheckUP also became a member of NQPHN in 2018. Being a member of the NQPHN allows us to work in close collaboration with the PHN and other health care providers within the region so that together, we can provide healthcare services closer to home for communities in North Queensland.
CheckUP’s Indigenous Eye Health staff have been very busy during 2017-18.

Our Commonwealth funded State-wide Indigenous Eye Health Coordinator (IEHC) continued to engage on a Statewide level with all stakeholders, to monitor the delivery of eye health related services across all Outreach programs. The IEHC also attended stakeholder meetings to discuss eye health pathways, coordination and data. We hosted staff from the University of Melbourne’s Indigenous Eye Health Unit (IEHU) and spent time visiting areas of Queensland to finalise the documenting of eye health activity, in order to update the Regional Progress Map, which is part of the Roadmap to Close the Gap for Vision.

Significant work has been ongoing to identify gaps in Visiting Optometry Scheme (VOS) service delivery. These continue to be addressed based on budget and workforce availability. The IEHC continues to engage at the local level to identify barriers to the achievement of optimum eye health and is working with visiting specialists to assess the viability and support needs of local eye health workforce.

The Regional Eye Health Coordinator (REHC) based in Longreach was recruited, and after thorough consultations and stakeholder engagement under the guidance of the IEHC, has finalised service mapping and identified gaps in service delivery for the Central West. The REHC was established for a twelve month period through funding made available from 2016/17 VOS and RHOF rollover, and with generous financial support from the Fred Hollows Foundation and the Western Queensland PHN.

In March, both the IEHC and REHC, together with CheckUP’s Chief Operating Officer (COO) and the Eyes and Ears Surgical Support Services Business Coordinator, attended the Close the Gap for Vision by 2020: Striving together National Conference 2018. The IEHC showcased an example of how regional collaboration has supported improved patient coordination. The COO also presented to the approx. 150 delegates regarding CheckUP’s use of Indigenous eye data in our role as jurisdictional outreach programs fundholder.

Life changing surgery for Yarrabah children

CheckUP staff, Jacqui, David and Nelson visited Cairns in early 2018 as part of CheckUP’s Eye and Ear Surgical Support Services (EESSS) initiative that saw 16 children from Yarrabah have much needed ear surgery.

The CheckUP team worked in collaboration with Gurriny Yealamucka Health Service Aboriginal Corporation and Northern Queensland PHN on this vital project which has provided life-changing surgery to some of Yarrabah’s youngest residents.

The surgery was undertaken by Dr Suki with wonderful support from the team at Cairns Day Surgery.

Gurriny Yealamucka Health Service Aboriginal Corporation’s CEO, Suzanne Andrews, said that the ENT surgery initiative was a significant collaboration benefiting Aboriginal and Torres Strait Islander children. “We know that Aboriginal and Torres Strait Islander people are disproportionately affected by hearing issues and that prevention and treatment really has the power to change lives. We are very proud to be involved in the coordination of this program to help address the hearing health of these children.”

Northern Queensland Primary Health Network (NGRPHN) CEO John Gregg said, “Improving Aboriginal and Torres Strait Islander health by closing the gap is a priority area of NGRPHN. Working with Gurriny and CheckUP has assisted them in providing ENT services that may otherwise be out of reach for many of the children in need within the Yarrabah community. We are proud to be a part of this program, as we continuously work towards helping northern Queenslanders to live happier, healthier, and longer lives.”
Our Events

The CheckUP Forum

Our signature event brings together a diverse range of health executives, innovative thinkers and industry experts to discuss the important issues in health.

The 2017 CheckUP Forum was well attended with 160 delegates from across the health and community sectors. The theme for the forum was “creating healthier communities.” A new format was implemented this year with three concurrent sessions being held across the day. The themes of the sessions were “Working together”, “Working smarter” and “Working better”.

Evaluations of the day indicate that this new format was well received.

95% of delegates liked the new format.
91% of delegates were either satisfied or highly satisfied with the forum.
95% of delegates found the forum a good opportunity to network with others.
100% of delegates would recommend the CheckUP Forum to others.

The QPHCN

Through the Queensland Primary Health Care Network (QPHCN) CheckUP connects more than 80 organisations who have an interest in primary healthcare.

Each year four QPHCN meetings are held enabling stakeholders to come together and network, share information and gain a collective understanding of common opportunities and challenges. Meetings feature presentations from policy leaders and innovators, as well as updates on statewide initiatives and activities from Primary Health Networks (PHNs) and Queensland Health.

Four meetings were held in 2017-2018 on the following topics:

• Outcomes measurement
• Best of the CheckUP Forum
• New directions in mental health
• Updates from Primary Health Networks

The QPHCN meetings continue to draw interest from a diverse range of organisations including state level, non-government, community and consumer organisations as well as GP, allied health and nursing associations.
Our RAP

CheckUP has a long and proud history of working closely with our colleagues from the Aboriginal and Torres Strait Islander health sector. CheckUP believes that reconciliation is a critical step in strengthening relationships, creating new opportunities and building respect with Aboriginal and Torres Strait Islander peoples, communities and organisations.

Our reconciliation journey has been made possible through close engagement and working alongside QAIHC and the Aboriginal and Islander Community Controlled Health organisations and communities throughout Queensland. In addition, we have taken significant steps to create an organisational environment in which respect and cultural awareness are not just promoted, but embedded into our organisational DNA.

Our Innovative Reconciliation Action Plan 2016-2018 built on our inaugural Reflect RAP and has confirmed our continued commitment to reconciliation. As we approach the end of our Innovative RAP, we have reflected on all that we have accomplished and all that remains to do. Our thoughts have now turned to the next phase of our reconciliation journey - a Stretch RAP, due for launch in 2019.

Our Stretch RAP will focus on implementing longer-term strategies, and working towards defined measurable targets and goals. The Stretch RAP will assist us to further embed reconciliation initiatives into our workplace to become ‘business as usual’ and to utilise our sphere of influence to drive reconciliation in our communities.

For more information visit - www.checkup.org.au/rap

The GPLO Network

CheckUP is proud to coordinate the Queensland General Practice Liaison Officer (GPLO) Network in partnership with Queensland Health.

This year marks 10 years of involvement for CheckUP starting back when the organisation was known as General Practice Queensland. GPLOs play an important role in facilitating better integration between Queensland Hospital and Health Services (HHs) and primary health care providers. The GPLO Network provides a platform for members to share ideas, learnings and problem solve barriers to support improvements at the local level.

In 2017-18, CheckUp facilitated five forums for the Network bringing together GPLOs from across Queensland to collaborate and showcase initiatives they are involved in. Forums included updates and presentations on the key focus areas for GPLOs and allowed time for valuable discussions and networking.

The first GPLO Annual Report was published this year and launched at the October forum. The Annual Report will remain an ongoing feature of the Network to highlight the valuable role of GPLOs in the health system and the many innovative projects they are involved with.

The GPLO Network continues to grow and strengthen with the collaboration and partnerships developed between the Healthcare Improvement Unit, Clinical Excellence Division, Queensland Health, CheckUP, HHs and Primary Health Networks (PHNs).
This year we released our fourth edition of IMPACT Magazine. In this edition we proudly showcased a diversity of initiatives funded by CheckUP that make a difference to the health and wellbeing of Queenslanders. The stories in this edition were both unique and inspiring – they capture experiences from the southeast corner to Cape York and even extend to Arnhem Land, Northern Territory.

Despite the diversity of service models and locations, one of the most consistent features across all stories is the strength of collaboration that is occurring across service providers and local communities. This collaboration enables innovation, reducing duplication and building on local know-how to ensure families and communities have access to much-needed services and care.

Two of our newest programs – Be Well, Learn Well and Tucka-Time were also highlighted in this magazine. These initiatives are particularly exciting as they include the establishment of new partnerships with the education and community sectors as well as building on valued existing partnerships with the Aboriginal and Islander Community Controlled sector.
In June 2018, the Queensland Mental Health Commission appointed CheckUP, in partnership with Mental Illness Fellowship (MIFQ) to coordinate QMHW for the mental health sector. By the end of the month CheckUP initiated a strong cross-sector partnership to develop and deliver the 2018 event. The partnership included representatives from:

- Queensland Mental Health Commission
- Mental Illness Fellowship Queensland
- Queensland Alliance for Mental Health
- Queensland Health
- A Consumer Representative
- Canefields Clubhouse
- Open Minds
- Grow
- Richmond Fellowship Qld
- Mental Awareness Foundation
- MATES in Construction
- Queensland Aboriginal and Islander Health Council (QAIHC)
- Ethnic Communities Council Queensland
- Department of Education
- Relationships Australia
- COTA Queensland

Queensland Mental Health Week takes place between Saturday 6 – Sunday 14 October 2018. While centrally themed and coordinated, it encompasses hundreds of events organised by many individuals, community groups and service providers throughout the state.

The partnership endorsed the theme for QMHW 2018 as ‘six steps to value mental health’. Informed by the Wheel of Wellbeing* the theme aims to inspire people to take six actions that have been proven to improve mental health and wellbeing in everyday life.

Good mental health is important for everyone and Queensland Mental Health Week (QMHW) is a time to reflect on what this means at home, at work, and at play.

It is also a time to highlight the importance of breaking down the stigma associated with mental illness and encouraging people in our communities who need help to reach out and connect.

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*The Wheel of Wellbeing was developed by South London and Maudsley NHS Foundation Trust.
Our People

Learning

The most valuable resource to CheckUP is our people and the diversity of knowledge, experiences and skills that they bring to our organisation. CheckUP is committed to the professional development of all employees as part of wider strategic drive towards organisational excellence and high performance in outcomes and delivery.

During 2017/2018 CheckUP staff participated in a range of professional development activities to ensure their skills and knowledge are kept up-to-date. Of particular note was the completion of the Growing Queensland Companies program by Ann Maree, Karen and David. The Growing Queensland’s Companies program is an Advance Queensland initiative funded by the Queensland Government and is delivered by the Australian Centre for Business Growth, University of South Australia. This course provided CheckUP with an understanding of the Knowledge Framework for Growth – a framework that enables CEOs and management to understand how their company works and the changes needed in order to grow the company. A key outcome of the course was the development of a business growth strategy for CheckUP. Ann Maree was awarded the “CEO who achieved the most growth” award at the conclusion of the course.

In addition to individual professional development activities, three whole-of-staff development days are also held each year with two focusing on internal planning and the third being a social activity.

Presenting

Sharing our achievements, highlighting our collaborations and networking with colleagues is an important aspect of our work. CheckUP staff provided presentations and held trade displays at numerous conferences and forums during 2017/2018 including:

- Statewide Rural and Remote-Network Forum - My Community Diary: Mapping visiting health services
- Towards Rural and Outback Health Professional in Queensland (TROHP) Forum - Health Care in the Outback: My journey as an accidental advocate for rural Health
- National Close the Gap for Vision by 2020 Conference - Indigenous eye care data from a frontline perspective
- HISA Health Informatics Conference - An integrated planning solution for rural and remote health care
- Statewide Cardiac Clinical Network - Outreach Funding

Serving

Two staff members celebrated their ten year anniversary with CheckUP during 2017/2018:

- Eliza Cormin
- Kat Murray

One staff member celebrated five years with organisation:

- Sula Malau

Engaging

CheckUP strives to create a workplace culture that is high performing, transparent and ethical in our outcomes. We focus on innovation, positive learning and excellence in our delivery. One way of measuring our workplace culture is through an annual staff satisfaction survey that is conducted in February each year.

CheckUP staff responded to questions regarding a wide range of work practices. Responses were aggregated into three key domains - Passion (employee engagement), Peace (wellbeing) and Progress (business outcomes). High levels of agreement were reported as follows:

- Passion 90%
- Peace 90%
- Progress 92%

Giving

CheckUP staff are provided with two volunteering days per year to support organisations who share our goals of creating healthier and more resilient communities. Additionally, many staff support local community events in their own time through active participation or a financial contribution. Picture this page are just a few of the ways CheckUP staff supported worthwhile causes during 2017/2018.

- Donating winter woolies for the Brisbane Murri School
- Aidan leads the pack at the Gold Coast Marathon - with help from the CheckUP team Aidan raised over $1000 for the Indigenous Marathon Foundation
- The Gritty family supporting Team Pete at the Melanoma March earlier this year.
- Geordy, Candice and Kid participating in the Dementia Australia Memory Walk
- Ann Maree, Karen and David at their Business Growth course graduation.

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One staff member celebrated five years with organisation:
- Sula Malau
Our Members

Our Foundation Members

Thank you to our sponsors during 2017/18