



## #health2020 *My Postcard from the Future*

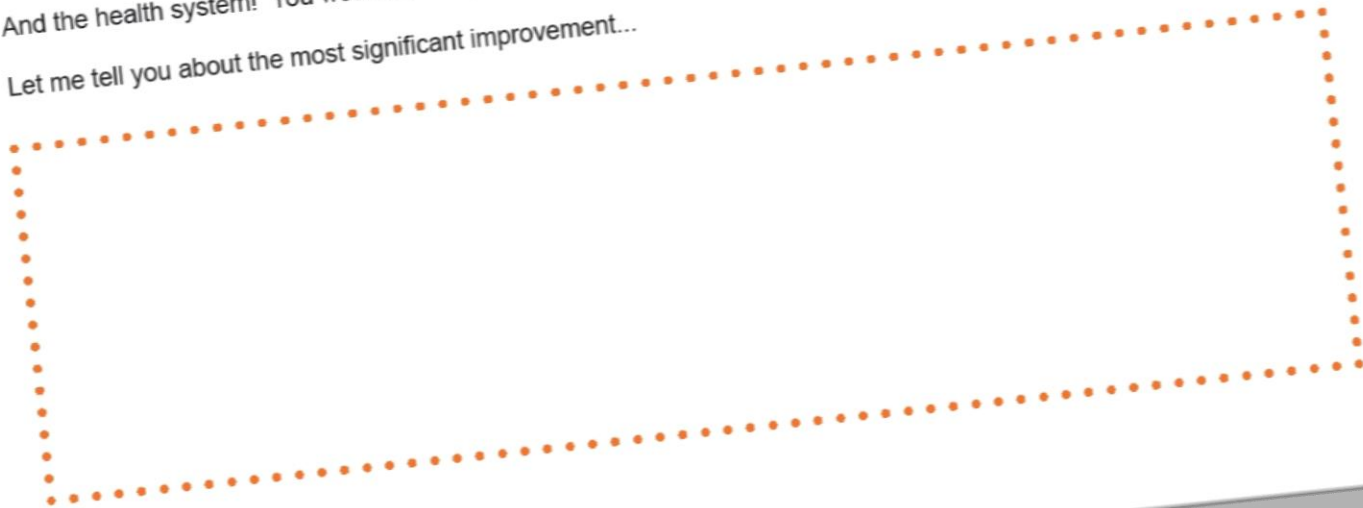
Greetings from 2020. Wish you were here!

I've just returned to Brisbane after attending the Tokyo Olympics. The Boomers beating the USA in the basketball final was the highlight for me! The weather was great...but extremely hot! And to think, we thought it was hot in 2016!

But 2020 is pretty amazing in lots of ways. Driverless cars. Integrated public transport. Female leaders in the UK, USA and Australia. An economy that is surging ahead.

And the health system! You wouldn't recognise the health system in 2020.

Let me tell you about the most significant improvement...



Patients, carers, families, friends, advocates & even staff can well see – in near real-time how their anonymous feedback is making a difference to the safety & quality of their healthcare.

They can also see who in their health service and the broader health community is reading their stories of experience so that there's a real sense of partnership.

My wellbeing plan which joins up all my health data + daily activity + inputs + mind space. It started when in 2016 I downloaded GEVITY & started to connect my medical & lifestyle data & gradually my health partners started to use the system. Now everyone has one and every day I see on my devices my wellbeing rating and on the news every night we show the national wellbeing index (NWI).

An App based individualised / custom patient journey from making an appointment (running on time notifications) to uploading care plans with medication prompts, reminders for follow-up appointments with all involved in care plan – Connected with transport and pathology / investigation prompts for preparation for follow ups – All designed by patient + GP together to suit patients individual journey – Connected to Skype for telehealth opportunities.

Learning for jobs paraprofessional workforce is the big deal. Jobs are no longer conceived in silos or diplomas but in vocational streams. Workers move laterally across service types eg/ home care workers – residential care worker disability – child protection. Jobs are learned in the content of “Doing” supported by an interactive learning system that records and tracks micro learning.  
xAPI Learning platforms.

All my family's health needs are summarised in the great App "Being Well" our health related history is all there. Our GP can view it, our appointments are all there, as well as last results, summaries from specialists, pathology, radiology and a great planner / reminder / sms

To have a platform for medical / dental and allied health practitioners to discuss a multi-disciplinary approach to meeting patient's needs. We need to educate medical professionals about the benefits of working together!

Connectivity and data sharing how absolutely changed the way we improve health in remote areas. E Health has enabled us to know the patient data irrespective if they moved from Aurukun to Coen. Access to a good solid systems... a dream back in 2016.  
Gone are the days of doubling up in tests for the same thing just because a patient has moved. Gone are the days of one health provider not sharing info and ideas?

We collected and examined the "Big data" on social determinacies or health illness to create more social cohesion, more equitable distribution of resources and less domination of society by politicians and spin doctors

People experiencing mental illness including server and persistent mental illness will live longer, well and happier + connected into their families, friends & community through person centred, evidence based recovery support.

We have incorporated Indigenous perspectives and traditional wisdom into mainstream health.

Personal control of how we work as GP's. Trusted by government to provide best care for our patients. Funded adequately to provide easy access for patients to services they need and choose. Local community connections so they know services and providers. What did process of self-regulation using evidence that shows outcomes of what's doing? Collaboration with other GP's and GP practices to compare and improve what we are doing with funded time to do this.

We have "Closed the gap" and improved the health for Aboriginal and Torres Strait Islander people, by listening and working with the community.

The obesity epidemic has significantly reduced in Australia.

Medicinal cannabis is readily available to all people along with the capacity of grow 5 plants in our own home. This was achieved by developing a curriculum for health practioners to educate and eradicate the fear of this plant.

We have truly embraced person-centred care. We recognised that people are more than a collection of body parts and symptoms and started looking at the whole person. Used technology for individual monitoring and rewarded people for making positive life choices.

Diversity in delivery and celebration of innovations with flexibility to bring local solutions that are informed by creative and cutting edge, that are able to be adopted to address the local limitations.

We stopped accessing “the doctor” and started to access “healthcare”. We learned to get straight to the carer we need and to use doctors at the level they were trained in.

Leadership pathways in rural and remote areas (R&R)

Peak body support, recognised skills and training, retention and value based on R&R leadership skills, interaction across R&R health organisations, training institutions and government.

All levels of government are integrated and consolidated in their investment in health funding and systems



The CheckUP Forum. [#health2020](#)  
Health | Leaders | Innovation

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